CSMSS

CHH. SHAHU COLLEGE OF ENGINEERING,

CHHATRAPATI SAMBHAJINAGAR

INDIAN KNOWLEDGE SYSTEMS CELL (IKS)

Name of the event:	**International Yoga Day 2026.**
Date of the event:	21-6-2026
Participants	Principal, All HOD's & Students.
Summary of the event:	CSMSS Chh. Shahu College of Engineering, celebrated International Yoga Day with active participation from students and faculty members. The program began with an introduction on the importance of Yoga in promoting physical fitness, mental peace, and holistic well-being, followed by collective performance of various asanas, pranayama, and meditation exercises under the guidance of instructors. The enthusiastic involvement of both students and faculty created an atmosphere of discipline and harmony, reflecting the essence of Yoga as a way of life. The event concluded with prize distribution to Best Yoga Performers, thereby reinforcing the institution's commitment to nurturing wellness alongside academic excellence.
Outcome:	➢ Staff &Students understood the Importance of doing Yoga Regularly.
Photo:	Photo taken on the eve of International Yoga Day on 21-6-2026

Photograph of Dr G.B.Dongre giving certificate to Best Yoga Performer on 21-6-2026.

Activity Coordinator **Principal**